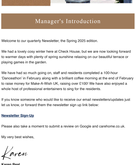
View this email in our browser

A WARM WELCOME TO OUR
SPRING 2025
Quarterly Newsletter



Manager's Introduction

Welcome to our quarterly Newsletter, the Spring 2025 edition.

We had a lovely cosy winter here at Check House, but we are now looking forward to warmer days with plenty of spring sunshine relaxing on our beautiful terrace or playing games in the garden.

We have had so much going on, staff and residents completed a 100-hour fundraising challenge for Make-A-Wish UK, raising over £1,000 at the end of February to raise money for Make-A-Wish UK, raising over £1,000! We have also enjoyed a whole host of professional entertainers to sing for the residents.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below.

Newsletter Sign-Up

Please also take a moment to submit a review on Google and carehome.co.uk.

My very best wishes,

Karen

Karen Real
Home Manager

Make-A-Wish Coffee Morning

Fundraising Event

On Thursday 28th February we had a wonderful Coffee Morning to raise money for Make-A-Wish UK. Residents met in The Snug for with their family and friends to enjoy fresh coffee and homemade cake. We collected donations and raised an incredible £100.40. A big thank you to the staff for making so many delicious cakes.

February Danceathon

Singing & Dancing

We were challenged to spend at least 100 hours throughout the month of February dancing, to raise money for the Make-A-Wish UK.

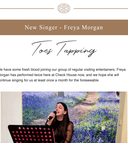
Staff and residents had such a good time dancing together throughout the month, even heading outside to dance on our beautiful terrace in the sunshine.

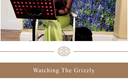
We are delighted to say that we surpassed our target, clocking in well over 100 hours of dancing throughout February. Bring on the next challenge!

New Singer - Freya Morgan

Toes Tapping

We have some fresh blood joining our group of regular visiting entertainers. Freya Morgan has performed twice here at Check House now, and we hope she will continue singing for us at least once a month for the foreseeable.





Watching The Grizzly

Community Project

Every year, around the middle of March, the world-famous Grizzly race comes to Sedan. The route goes right past Check House, so every year we gather in our spacious car park with some drinks and snacks to watch the runners begin their Cuesta 30-mile race through the fields, forests, bogs and beaches of the Ardennes Mountains. We had two members of staff run this year and we all enjoyed cheering them on.

St. Patrick's Day

Fun & Games

The residents here at Check House had an incredibly enjoyable St. Patrick's Day. We spent the day decorating, playing games and learning about the history of Ireland. We even sampled a drink or two, with Guinness and homemade Irish coffee - delicious!

Resident Spotlight

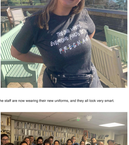
Get To Know Us...

Les has lived here at Check House since 2022. He loves spending time with his wife, who also lives nearby in Sedan and visits him every day. They enjoy spending time together on our terrace and going out for trips in our minibus.

News & Updates

What's New?

Many congratulations to our lovely Activities Coordinator, Sian, and her husband Jake, who are expecting their first child! The baby is due in August, and the residents have already begun excitedly coming up with some names!



The staff are now wearing their new uniforms, and they all look very smart.

Many congratulations to Care Assistant, Lawrence Bulog, on becoming a Registered Nurse here at Check House. Lawrence will be a wonderful Nurse, and we wish him the best of luck.

We are delighted to announce that we have retained our 5-Star Food Hygiene Rating after the annual inspection by the Environmental Health Officer.

New lunch menus are now being displayed in the Dining Rooms. There is a new meal for lunch every day, on a four-week cycle. Please let the Chef know if you have any favourite meals or special requests.

Our new signage, website and Facebook page are live:

🌐 **www.checkhousecare.co.uk** | **www.facebook.com/checkhousecarehome**

Coming Up...

THE CHECKHOUSE
CARE HOME

Upcoming Dates for the Diary

MONDAY 24TH MARCH – JESSICA CLARE (VOCAL/PIANO) PERFORMANCE AT 1PM
TUESDAY 25TH MARCH – BINGO WITH ANGELA AND HELPERS AT 2PM
THURSDAY 27TH MARCH – BINGO WITH ANGELA AND HELPERS AT 2PM
MONDAY 31ST MARCH – JESSICA CLARE (VOCAL/PIANO) PERFORMANCE AT 1PM
WEDNESDAY 2ND APRIL – JESSICA CLARE (VOCAL/PIANO) PERFORMANCE AT 1PM
THURSDAY 3RD APRIL – BINGO WITH ANGELA AND HELPERS AT 2PM
TUESDAY 8TH APRIL – JESSICA CLARE (VOCAL/PIANO) PERFORMANCE AT 1PM
THURSDAY 10TH APRIL – BINGO WITH ANGELA AND HELPERS AT 2PM
FRIDAY 18TH APRIL – GOOD FRIDAY
SUNDAY 20TH APRIL – EASTER SUNDAY – JESSICA CLARE (VOCAL/PIANO) PERFORMANCE AT 1PM
MONDAY 21ST APRIL – EASTER MONDAY
TUESDAY 22ND APRIL – JESSICA CLARE (VOCAL/PIANO) PERFORMANCE AT 1PM
THURSDAY 24TH APRIL – BINGO WITH ANGELA AND HELPERS AT 2PM
MONDAY 28TH APRIL – JESSICA CLARE (VOCAL/PIANO) PERFORMANCE AT 1PM
TUESDAY 29TH APRIL – BINGO WITH ANGELA AND HELPERS AT 2PM
WEDNESDAY 30TH APRIL – JESSICA CLARE (VOCAL/PIANO) PERFORMANCE AT 1PM
THURSDAY 1ST MAY – BINGO WITH ANGELA AND HELPERS AT 2PM
MONDAY 5TH MAY – JESSICA CLARE (VOCAL/PIANO) PERFORMANCE AT 1PM
TUESDAY 6TH MAY – BINGO WITH ANGELA AND HELPERS AT 2PM
THURSDAY 8TH MAY – BINGO WITH ANGELA AND HELPERS AT 2PM
MONDAY 12TH MAY – JESSICA CLARE (VOCAL/PIANO) PERFORMANCE AT 1PM
TUESDAY 13TH MAY – BINGO WITH ANGELA AND HELPERS AT 2PM
THURSDAY 15TH MAY – BINGO WITH ANGELA AND HELPERS AT 2PM
MONDAY 19TH MAY – JESSICA CLARE (VOCAL/PIANO) PERFORMANCE AT 1PM
TUESDAY 20TH MAY – BINGO WITH ANGELA AND HELPERS AT 2PM
WEDNESDAY 21ST MAY – JESSICA CLARE (VOCAL/PIANO) PERFORMANCE AT 1PM
THURSDAY 22ND MAY – BINGO WITH ANGELA AND HELPERS AT 2PM
MONDAY 26TH MAY – JESSICA CLARE (VOCAL/PIANO) PERFORMANCE AT 1PM
TUESDAY 27TH MAY – BINGO WITH ANGELA AND HELPERS AT 2PM
THURSDAY 29TH MAY – BINGO WITH ANGELA AND HELPERS AT 2PM

Social Media

Connect With Us

Make sure to check out The Check House Care Home Facebook Page.

Don't Forget To 'Like' Us!

Leave A Review

Your Thoughts Matter

We would be very grateful if you could spare a few minutes to write a review for us.

Carehome.co.uk Reviews
Google Reviews

Produced by CitrusCare Marketing Ltd

Copyright © 2025 Check House Care Home. All rights reserved.

Want to change how you receive these emails?
You can update preferences or unsubscribe from this list.

This email was sent to carehome@checkhousecare.co.uk