A WARM WELCOME TO OUR
AUTUMN 2025

Quarterly Newsletter

Manager's Introduction

Welcome to our quarterly newsletter, the Autumn 2025 edition.

We have had a fantastic summer, with long periods of irresistible weather. We have been very busy and enjoyed every opportunity to spend time on our versatile terrace overlooking the sea.

Our Annual Summer Party was a huge success, and we raised a brilliant £1,000 for our Charity of the Year, Cancer Care. Thank you to everyone who helped us, and all raised going to charity as much as we can for this very worthy cause.

On 4th September, we took part in the Seaton Carnival for the very first time! We were delighted to win 1st place in our category (walking with motorised support).

We have so many wonderful things planned throughout autumn and heading into winter, including our annual turkey and party and Christmas party.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

We very miss seeing everyone.

Karen

Karen Rea
Registered Manager

Summer Party

Fun in the Sun!

Every year we have a Summer Party out on the terrace. This year's was one of the hottest days of the year so far, and we had a great turnout, with over 100 people enjoying the enjoyed stunning weather with a fantastic turnout. The staff made and served delicious mocktails, and we also had live music and karaoke rang out throughout the afternoon. We had a BBQ, with burgers, hot dogs, veggie burgers, with the rolls eventually reaching £100, which we have donated to our charity of the year, Cancer Care UK. We are so lucky to have such a dedicated team of staff working hard on all the events, and will miss them, and it will be a great event just for the residents.

Seaton Carnival Class E Winners!

Go Team!

In early September, we took part in the Seaton Carnival for the very first time, and it was a great success! We won 1st place in our category (walking with motorised support). Our activities staff did an incredible job decorating our mobility and our theme was a Mexican Fiesta to match our Summer Party earlier in the year. We had a great turnout, including our Mayor, Council Rosie, and the prize money of £50 has been donated to Alexa at Kids UK.

Afternoon Tea Week

Afternoon Tea

Something we know a great deal about here at Check House is how to do afternoon tea! Throughout the year we have had many afternoon tea events, but we have also every day we serve a tasty afternoon tea to our residents, and we enjoy sharing with our family and a limited number of reasonable guests at our cost.

A Visit From the Ice Cream Van

Delicious

During the height of summer, we arranged for an ice cream van to visit the residents. Our Chef, Ryan, made a delicious selection of ice cream, and we had a tremendous selection and spent time together assuming that it the sunburst. Mr Whippy was definitely the most popular!

A Remarkable Concidence

Congratulations!

27th August was a very special day here at Check House, as we had two couples celebrating their 60th wedding anniversary. Our resident Frances and her husband Donald got married on 27th August 1965, on exactly the same day as our resident Ann and her husband! We have many congratulations to our two happy couples on their special day.

Resident Spotlight

Get To Know Us...

Pat has been here at Check House since 2023, and she enjoys sharing in her hobbies and interests with her family and friends, and she enjoys being in her 80s, as she has lots of time when she took part in the Seaton Carnival possession for the very first time in early September.

News & Updates

Whats New?

Helen, our wonderful volunteer minibus driver, will now be coming every Thursday instead of every Friday.

Don't forget to change your clocks and weather for daylight saving time on Sunday 26th October! Our wonderful activities and care staff will help you with this if required.

Karen, the hairdresser, is here on a bewitchy visit since Thursday. Please let a member of staff know if you would like a trim, shampoo and set, perm, or colour. Every resident is entitled to one free haircut per month.

Staff News

Many congratulations to our wonderful Activities Lead, Sian Williams, and her husband Jaime, on the arrival of their daughter, Riley, born on 29th August 2025, weighing 6lbs 8oz.

Employee of the Month

We have some very dedicated, kind, and caring staff in the home who have been recognised for their hard work and dedication to our residents.

- June 2025: Kaya Pakefall
- July 2025: Rita Ibe-Lekwe
- August 2025: Jaiden Jordan

Manager's Raffle Winner

- June 2025: Kaya Pakefall
- July 2025: Rita Ibe-Lekwe
- August 2025: Jaiden Jordan

Dates for the Diary

Coming Up...

September

- Monday 29th – Christian Church Service at 11am

October

- Wednesday 1st – Seaton Duffy (ukulele/guitar) performing at 11am
- Thursday 2nd – Bingo at 2.30pm
- Monday 6th – Paul Stevens (vocals) performing at 11am
- Tuesday 7th – Paul Bennett (vocals/guitar) performing at 2pm
- Wednesday 8th – Christian Church Service at 11am
- Thursday 16th – Manager Rich (vocals) performing at 2pm
- Friday 17th – Manager Rich (vocals) performing at 11am & at 10.30am
- Thursday 23rd – Shirley Austin (vocals) performing at 11am
- Friday 24th – Paul Bennett (vocals/guitar) performing at 11am
- Tuesday 28th – Blue Light Breakfast from 11am
- Wednesday 29th – Christian Church Service at 11am

November

- Monday 3rd – Daniel Duffy (vocals/guitar) performing at 11am
- Tuesday 4th – Paul Bennett (vocals/guitar) performing at 2pm
- Wednesday 5th – Christian Church Service at 11am
- Monday 10th – Paul Stevens (vocals) performing at 11am
- Tuesday 11th – Bingo at 2.30pm
- Monday 17th – Manager Rich (vocals) performing at 2pm
- Tuesday 18th – Golden Oldies singalong at St. Gregory's Church at 10.45am
- Wednesday 19th – Bingo at 2pm
- Tuesday 25th – Christian Church Service at 11am

December

- Tuesday 2nd – Paul Bennett (vocals/guitar) performing at 2pm
- Wednesday 3rd – Christian Church Service at 11am
- Monday 8th – Manager Rich (vocals) performing at 2pm
- Tuesday 9th – Bingo at 2.30pm
- Monday 15th – Paul Stevens (vocals) performing at 11am
- Tuesday 16th – Golden Oldies singalong at St. Gregory's Church at 10.45am
- Thursday 18th – Annual Christmas Party from 2pm

Social Media

Connect With Us

Make sure to check out The Check House Care Home Facebook Page.

Don't Forget To 'Like' Us!

Leave A Review

Your Thoughts Matter

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Carehome.co.uk Reviews
Google Reviews

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