

INTRODUCTION

Message From Our Manager

Welcome to our quarterly Newsletter, the Winter 2025 edition. As we reflect, Autumn is always a beautiful time here at The Check House Care Home, with so much to do and so much going on.

Our Bonfire Night Party on 5th November was a wonderful success. We braved the cold (but dry) weather on our spacious terrace to watch a brilliant fireworks display, wrapped up with blankets and hot chocolate.

We have been incredibly busy getting ready for Christmas. The home has now been decorated beautifully by our amazing Activities staff. We are looking forward to our Annual Christmas Party on 18th December – which is one of the highlights of our social calendar.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Karen

Karen Real
Registered Manager

SAVE THE DATES

Thursday 18th December – Annual Christmas Party from 2pm
Thursday 18th December – Father Christmas visiting at 5.30pm
Friday 19th December – Mawgan Stott (vocals) performing at 2.30pm
Sunday 21st December – Devon All Stars Majorettes performance at 2.30pm
Monday 22nd December – Christian Church Service at 11am
Wednesday 24th December – Christmas Eve
Thursday 25th December – Christmas Day
Friday 26th December – Boxing Day
Monday 29th December – Memory Café from 11am
Wednesday 31st December – New Year's Eve
Thursday 1st January 2026 – New Year's Day
Monday 5th January – Paul Stevens (vocals) performing at 11am
Tuesday 6th January – Paul Boswell (vocals and guitar) performing at 2pm
Wednesday 7th January – Christian Church Service at 11am
Monday 12th January – Cheryl Watson (harp) performing at 11am
Wednesday 14th January – Shirley Austin (vocals) performing at 11am
Tuesday 20th January – Blue Light Breakfast from 11am
Wednesday 21st January – Jessica Clare (vocals and piano) performing at 2pm
Sunday 25th January – Burns Night
Tuesday 3rd February – Paul Boswell (vocals and guitar) performing at 2pm
Wednesday 4th February – Christian Church Service at 11am
Monday 9th February – Memory Café from 11am
Monday 9th February – Cheryl Watson (harp) performing at 11am
Wednesday 11th February – Paul Stevens (vocals) performing at 11am
Wednesday 18th February – Shirley Austin (vocals) performing at 11am
Tuesday 24th February – Jessica Clare (vocals and piano) performing at 2pm

RECENT ACTIVITIES & EVENTS

Getting Ready For Christmas

Christmas is such a special time of year, and here at The Check House Care Home, we do everything we can to make it enjoyable for everyone. Our wonderful activities team have decorated the home beautifully and we are ready to celebrate the festive season in style.



Elf Day

On 3rd December, we took part in Elf Day from the Alzheimer's Society, and we had a brilliant day. Staff and residents dressed up in their Christmas clothes and we had a very successful bake sale which raised a whopping £118 which will be split evenly between the Alzheimer's Society and our charity of the year, the wonderful Make-A-Wish UK.



Christmas Jumper Day

Not long after Elf Day, we were in our Christmas clothes again, this time for Christmas Jumper Day! Staff and residents made donations and we raised a brilliant £52.50 for Save the Children. Here is Ray, looking very festive in his Christmas jumper, at the Otter Garden Centre trip.



Remembrance Day

Remembrance Day is incredibly important to us, as we pay our respects to all those brave souls who have given their lives for our freedom. We spent the morning watching coverage of the ceremony on our big screen, along with our own Remembrance Service in the Bay area of the home.



Bonfire Night

Every year on 5th November we have a party on the terrace (weather permitting) and this year was no exception. The weather held off for us and we were able to enjoy a brilliant fireworks display. Then we headed inside for delicious hotdogs and burgers, and finished the night with rich hot chocolate.



OUR SPECIAL RESIDENTS

Resident Spotlight: Sheila

Sheila has been a valued resident at Check House for the past two years and has truly made it her home. She greatly cherishes the regular visits from her family, including her children, grandchildren, and great-grandchildren, which bring her so much joy. Sheila is always happy to be involved in home life and has been a wonderful help in decorating Check House for Christmas. Her enthusiasm and festive spirit have helped create a warm and welcoming atmosphere for everyone to enjoy.

NEWS & UPDATES

Weekly Activities

Our residents continue to enjoy a variety of activities and services that enhance daily life at Check House. Every Thursday, Robert, our fantastic volunteer minibus driver, takes residents on enjoyable trips across East Devon. These outings are always a highlight of the week and provide wonderful opportunities to explore the local area and enjoy time together.

Also on Thursdays, Maxine our hairdresser is available in our beautiful on-site Salon. Residents can enjoy a trim, shampoo and set, perm, or colour. We please speak to a member of staff if you would like to book an appointment. We are pleased to remind everyone that each resident is entitled to one free haircut per month.

Staff Promotion

We are delighted to congratulate Domestic Assistant Andreea Ulman on her promotion to Head Housekeeper. Andreea has consistently demonstrated an excellent work ethic and outstanding attention to detail. We are confident she will do a fantastic job working closely with her team to ensure The Check House Care Home remains exceptionally clean and welcoming at all times.

Relatives' Meeting – Monday 9th

March at 2:00pm

Our next relatives' meeting has been scheduled for Monday 9th March at 2:00pm. These meetings provide a valuable opportunity for relatives to meet with the management team, receive updates about life at the home, and share any thoughts, feedback, or questions. We encourage all relatives to attend and look forward to seeing you there.

AWARDS & RECOGNITION

Well Done Team Check House!

We are proud to recognise and celebrate the hard work and dedication of our staff members:

September 2025
Employee of the Month: Gemma Dionio
Manager's Recognition Award: Claire Aedo

October 2025
Employee of the Month: Marivic Pamaylaon
Manager's Recognition Award: Christin Mathew

November 2025
Employee of the Month: To Be Confirmed
Manager's Recognition Award: To Be Confirmed

Thank you to all our staff for their continued commitment and compassion in providing exceptional care.

EXTERNAL LINKS

Social Media

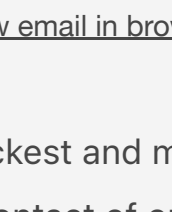
Make sure to check out the Check House Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

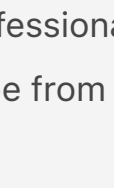
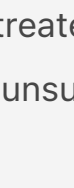
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[Carehome.co.uk](#) & [Google Reviews](#)



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