

## INTRODUCTION

### Message From Our Manager

A warm welcome to our quarterly Newsletter, the Summer 2026 edition.

Springtime was filled with fun, laughter and love. Perhaps the highlight was the fantastic Tea Dance in May, which raised £380 for the Care Worker's Charity. We said farewell to Care Assistant, Emma, who after 12 years of wonderful service is taking her well-earned retirement. All eyes are now on our fast-approaching annual Summer Party which will be on Thursday 16th July.


If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

**Newsletter Sign-Up**

Please also take a moment to submit a review on [Google](#) and [carehome.co.uk](#).

My very best wishes,

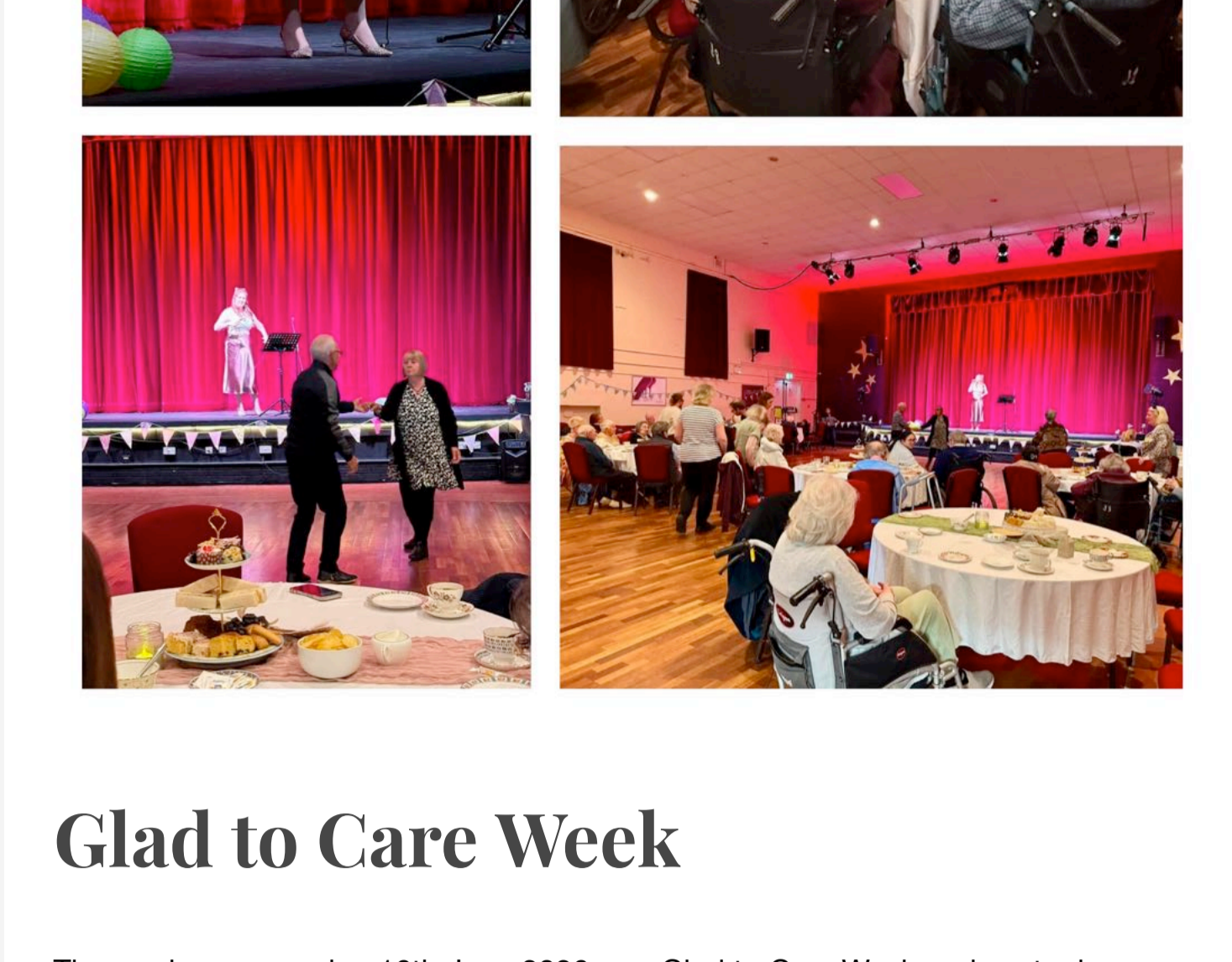
*Karen*  
**Karen Real**  
 Registered Manager



## RECENT ACTIVITIES & EVENTS

### Charity Tea Dance

On 18th May 2026 we held a Tea Dance at the Gateway Theatre in Seaton to raise money for the Care Worker's Charity. There was live entertainment from the amazing Jay Hobday and an incredible selection of cakes. With the help of our hardworking team we raised a brilliant £380.



### Glad to Care Week

The week commencing 16th June 2026 was Glad to Care Week and we took every opportunity to thank our incredible care team for all their hard work and dedication. The residents enjoyed making gifts and putting together goodie bags which were gratefully received by the team. We also cooked the staff a delicious barbecue to enjoy out on the terrace.



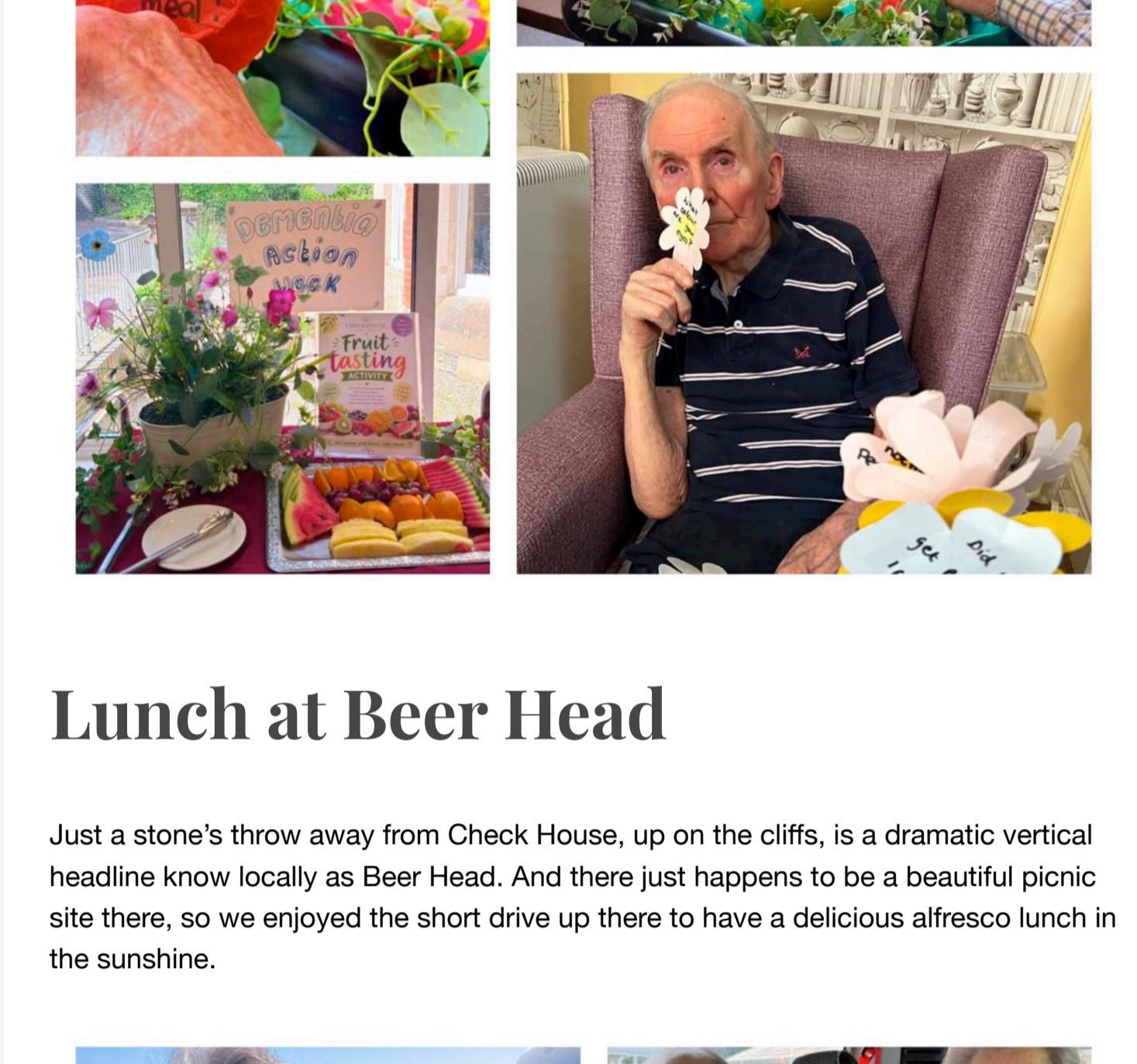
### FIFA Men's World Cup 2026

We had a party on 11th June to celebrate the beginning of the FIFA Men's World Cup 2026. Due to the time difference, many games are broadcast overnight here in the UK, but we will show as many games as we can on our fabulous big screen. We are also looking forward to the FIFA Women's World Cup next summer.



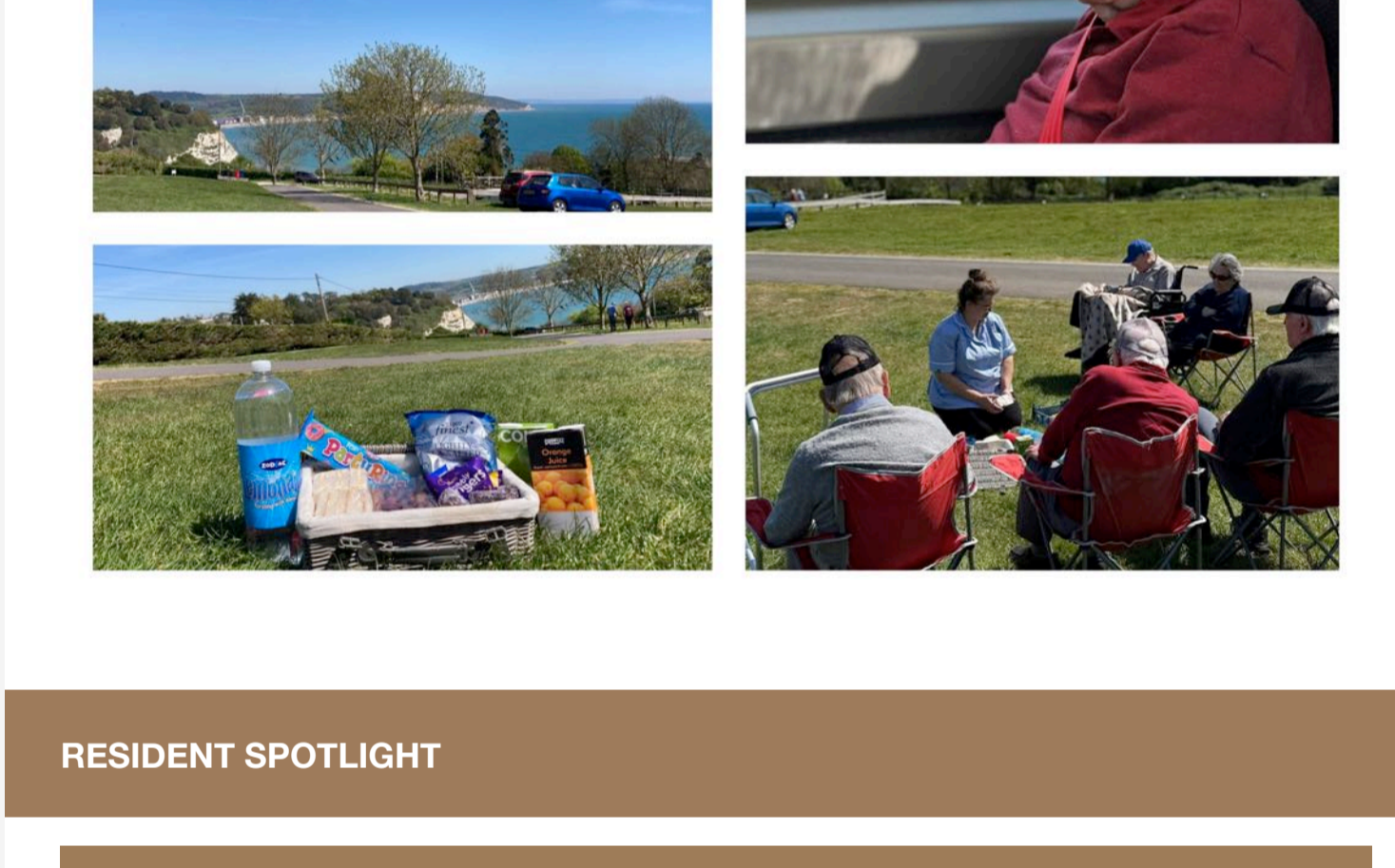
### Dementia Action Week

The week commencing 18th May 2026 was Dementia Action Week which is something very close to our hearts. Dementia Action Week focuses on raising awareness and promoting the importance of early and accurate diagnosis. Our week was flower-themed and we did a huge range of activities from pamper sessions to fruit tasting to games and quizzes.



### Lunch at Beer Head

Just a stone's throw away from Check House, up on the cliffs, is a dramatic vertical headline know locally as Beer Head. And there just happens to be a beautiful picnic site there, so we enjoyed the short drive up there to have a delicious alfresco lunch in the sunshine.



## RESIDENT SPOTLIGHT



### The lovely, Sheila...

Sheila has lived here at Check House for three years. She loves her bedroom which has a beautiful view of the sea. She loves spending time with her daughters who visit her regularly.

## SAVE THE DATES



## NEWS

### Relatives Meetings

Our next meeting is scheduled for:

- Monday 29th June at 2pm

We warmly encourage relatives to attend and share their thoughts.

## HOME HIGHLIGHTS

### Home News

- Robert, our wonderful volunteer minibus driver, comes every Thursday to take the residents out on trips all across East Devon.
- Maxine the hairdresser is here in our beautiful Salon every Thursday. Please let a member of staff know if you would like a trim, shampoo and set, perm or colour. Every resident is entitled to one free haircut per month.
- The second phase of our new furniture has arrived!

### Staff News

- We are looking forward to welcoming back Sian Williams (Activities) in August, as she returns from maternity leave following the birth of her daughter Riley.
- A warm welcome to Jan Tollba who has started as a Care Assistant. Jan's wife, Angel, has worked here as a Care Assistant since 2022.

### Well Done Team

- Manager's Recognition Winner for May 2026 is Jeremy Riding
- Manager's Recognition Winner for February 2026 is Andrea Ulman
- Manager's Recognition Winner for June 2026 is Tom Willis



## STAFF SPOTLIGHT

### Introducing Claire...

Claire started here at Check House in 1995. From a young age she always knew she wanted to work here. She is an integral part of the Lead Care team, always delivering outstanding care to all the residents.

## SUMMER & AUTUMN

### Keeping Up To Date

Our website and Facebook page are both updated regularly:

- [www.checkhousecare.co.uk](http://www.checkhousecare.co.uk)
- [www.facebook.com/checkhousecarehome](https://www.facebook.com/checkhousecarehome)

## EXTERNAL LINKS

### Social Media

Make sure to check out the Check House Care Home Facebook Page for all our latest photos!

**Don't Forget To 'Like' Us!**

### Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

**Carehome.co.uk & Google Reviews**